

## Introduction

The Days Healthcare 105 Lightweight Walker is a multipurpose walker manufactured from painted aluminium tubing with four solid tyre wheels. It incorporates a rest seat, storage bag and locking brakes. This walker also has adjustable handles and can be folded flat for storage or transportation.

## First Assembly

- 1) Remove all packaging.
- 2) Fit cross bar (fig. 1-A) into front sockets on the frame (fig. 1-B) and push fully down.

To secure the cross bar make sure the retaining spring buttons (fig. 1-C) have located through the hole in both sockets.

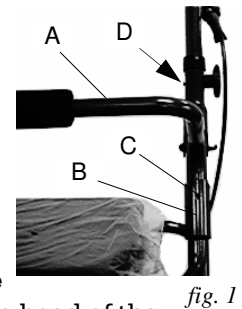


fig. 1

## Handle Adjustment

Remove the hand knob and bolt (fig. 1-D). Pull the handle to new setting (there are five fixed settings at 25 mm intervals), re-fit and tighten the knob and bolt ensuring that the head of the bolt is inside the hexagonal hole.

## Operation

The 106 Walker is fitted with locking brakes. To apply the brakes pull up on the brake handles (fig. 2). To lock the brakes push down on both brake handles until they click into the locked position (fig. 3). To release the brakes simply pull up on the brake handles until they click.



fig. 2

Before using the walker as a rest seat both brakes must be applied and the frame pushed forward to check that it is not moving. The brakes only lock the back wheels so the user must not expect the frame to be completely immobile.



fig. 3

If the user finds the brakes hard to apply, the pressure can be adjusted by reducing the tension in the spring above the brake shoe (fig. 4). Hold the hexagonal nut and turn the knurled nut to vary the brake pressure i.e. the distance between the shoe and the tyre, when the brakes are off. It is a case of trial and error to suit individual users' grip strength.



fig. 4

- **WARNING!** - Brakes that are adjusted to give light pressure will be less effective at preventing rear wheel movement under load.

When using the walker be aware that stability depends on all four wheels being in contact with the flat surface. Care should be taken when negotiating uneven ground, inclines, kerb etc. as stability will inevitably be reduced.

## Folding for Storage or Transportation

To fold the walker for storage or transportation pull on the strap (fig. 5-A) thus pulling the locking mechanism (fig. 5-B) up and allowing the wheels to come together. Pushing down on the handles unfolds the walker.

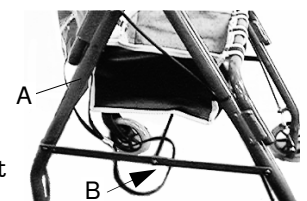


fig. 5

## Cleaning & Maintenance

The Days Healthcare Lightweight Walker is designed for minimum maintenance. It is manufactured from painted aluminium tubing and requires the occasional wipe-over with a soft cloth. Do not use harsh abrasive materials.

Daily, before use, check the effective operation of the brakes. Check that the wheels turn and swivel freely and there is no debris building around the axle. Periodically check that all screws, nuts and bolts are securely fastened. Check moving parts for wear.

## Specifications

- ♦ Maximum user weight: 125 kg
- ♦ Handle height adjustment: 81 – 93 cm; Seat height: 55 cm;
- ♦ Overall width: 63cm

## Warranty Information

All Days Healthcare walkers are warranted for one year from the date of purchase against faulty workmanship or materials. Please contact your supplier/dealer should a fault occur.

The warranty does not extend to the consequential costs resulting from fault clearance, in particular freight and travel costs, loss of earnings, expenses, etc.

The manufacturer will not accept responsibility for any damage or injury caused by misuse or non-observance of the instructions set out above.

